

# Product Dosing Charts

All dosage amounts subject to vary based on individual use. Keep this product insert with your product(s) for future reference. Visit [www.Trulieve.com](http://www.Trulieve.com) for full product details and dosing information, ingredient lists, and warnings. Your doctor has recommended this medication for your use only; do not let anyone else use it. Consult your physician if you have any questions.

Please review all labels and packaging for allergy warnings and product-specific dosage form and strength. Products may contain soy, gluten, dairy, and/or coconut.



## Inhalation

### TruPOD®

PRODUCT	PER POD	PER DRAW
350MG POD - DELTA-8 1:1	150MG Δ8 THC, 50MG Δ9 THC, 150MG CBD	0.47MG Δ8 THC, <0.16MG Δ9 THC, 0.47MG CBD
375MG POD - DELTA-8 1:1:1	125 Δ8 THC, 125 Δ9 THC, 125MG CBD	0.39MG Δ8 THC, 0.39MG Δ9 THC, 0.39MG CBD
.5G POD NATURAL TERPENES CANNABIS TERPENES	400MG THC, <5MG CBD	1.25MG THC, <.1MG CBD
.5G 1:1 POD NATURAL TERPENES CANNABIS TERPENES	200MG THC, 200MG CBD	0.625MG THC, 0.625MG CBD
1G POD NATURAL TERPENES CANNABIS TERPENES	800MG THC, <30MG CBD	1.25MG THC, <.1MG CBD
1G 1:1 POD NATURAL TERPENES CANNABIS TERPENES	400MG THC, 400MG CBD	0.625MG THC, 0.625MG CBD

**Product Types:** Sativa, Hybrid, Indica, CBD:THC Ratio, Delta-8

### Cartridges

PRODUCT	PER CART.	PER DRAW
.5G CARTRIDGE NATURAL TERPENES CANNABIS TERPENES TRUSPECTRUM LIVE RESIN SAUZ O.PEN DAILY STRAINS O.PEN CURED RESIN	400MG THC, <5MG CBD	2.67MG THC, <1MG CBD
.5G CARTRIDGE CO2LORS	460MG THC, <5MG CBD	5MG THC, <1MG CBD
.5G CARTRIDGE ALCHEMY	375MG, <1MG CBD	5MG THC, <1MG CBD
.5G 5:3 CBD:THC CATRIDGE	150MG THC, 250MG CBD	1MG THC, 1.67MG CBD
1G CARTRIDGE NATURAL TERPENES CANNABIS TERPENES TRUSPECTRUM LIVE RESIN SAUZ O.PEN DAILY STRAINS O.PEN CURED RESIN	800MG THC, <10MG CBD	2.67MG THC, <1MG CBD
1G CARTRIDGE CO2LORS	920MG THC, <10MG CBD	5MG THC, <1MG CBD
1G CARTRIDGE ALCHEMY	750MG THC, <10MG CBD	5MG THC, <1MG CBD

**Product Types:** Sativa, Hybrid, Indica, CBD:THC Ratio

### All-in-One Vape Pens

PRODUCT	PER PEN	PER DRAW
.3G PEN ALCHEMY	250MG THC, <5MG CBD	5MG THC, <1MG CBD
.3G PEN CO2LORS	225MG THC, <5MG CBD	5MG THC, <1MG CBD
1G PEN ALCHEMY	833.33MG THC, <10MG CBD	5MG THC, <1MG CBD
1G PEN CO2LORS	750MG THC, <10MG CBD	5MG THC, <1MG CBD

**Alchemy Product Types:** Sativa, Hybrid, Indica  
**Co2lors Flavors:** Apricot, Blueberry, Grape Dreams, Strawberry Lemonade, Strawnana, Tropical Fruit, Sweet Melon

### Concentrates

#### 1g

%	ACTIVE	%	ACTIVE
69%	690 MG	80%	800 MG
70%	700 MG	81%	810 MG
71%	710 MG	82%	820 MG
72%	720 MG	83%	830 MG
73%	730 MG	84%	840 MG
74%	740 MG	85%	850 MG
75%	750 MG	86%	860 MG
76%	760 MG	87%	870 MG
77%	770 MG	88%	880 MG
78%	780 MG	89%	890 MG

#### .5g

%	ACTIVE	%	ACTIVE
69%	345 MG	80%	395 MG
70%	350 MG	81%	400 MG
71%	355 MG	82%	405 MG
72%	360 MG	83%	410 MG
73%	365 MG	84%	415 MG
74%	370 MG	85%	420 MG
75%	375 MG	86%	425 MG
76%	380 MG	87%	430 MG
77%	385 MG	88%	435 MG
78%	390 MG	89%	440 MG

**Product Types:** Sativa, Hybrid, Indica

**Products:** Shatter, Crmb1, Budder, CRML Sauz, Refined Crème, Live Meringue, Muse Live Resin, Muse Live Budder, Muse Live Diamonds, Muse Live Suga, Blue River Live Rosin

### Kief

%	ACTIVE	%	ACTIVE
30%	263.1 MG	45%	394.7 MG
31%	271.9 MG	46%	403.4 MG
32%	280.6 MG	47%	412.2 MG
33%	289.4 MG	48%	421 MG
34%	298.2 MG	49%	429.7 MG
35%	307 MG	50%	438.5 MG
36%	315.7 MG	51%	447.3 MG
37%	324.5 MG	52%	456.0 MG
38%	333.3 MG	53%	464.8 MG
39%	342.0 MG	54%	473.6 MG
40%	350.8 mg	55%	482.4 mg
41%	359.6 mg	56%	491.1 mg
42%	368.3 mg	57%	499.9 mg
43%	377.1 mg	58%	508.7 mg
44%	385.9 mg	59%	517.4 mg

**Product Types:** Sativa, Hybrid, Indica

## Edibles

### Chocolate Bars

PRODUCT	PER PKG	PER PIECE
THC CHOCOLATE BAR	100MG THC, <1MG CBD	10MG THC, <1MG CBD
1:1 CHOCOLATE BAR	100MG THC, 100MG CBD	10MG THC, 10MG CBD
1:1:1 CHOCOLATE BAR	33.3MG Δ8 THC, 33.3MG Δ9 THC, 33.3MG CBD	3.3MG Δ8 THC, 3.3MG Δ9 THC, 3.3MG CBD
THC SINGLE-SERVE	10MG THC, <1MG CBD	10MG THC, <1MG CBD
1:1 SINGLE-SERVE	10MG THC, 10MG CBD	10MG THC, 10MG CBD

**Product Types:** Sativa, Hybrid, Indica, THC:CBD Ratio

**Allergy Warnings:** May contain milk and soy.

# Product Dosing Charts

Please review all labels and packaging for allergy warnings and product-specific dosage form and strength. Products may contain soy, gluten, dairy, and/or coconut.



## Edibles

### Gels

PRODUCT	PER PKG	PER GEL
5MG GELS 5 PACK	25MG THC, <1MG CBD	5MG THC, <1MG CBD
5MG GELS 10 PACK	50MG THC, <1MG CBD	5MG THC, <1MG CBD
10MG GELS	100MG THC, <1MG CBD	10MG THC, <1MG CBD
NANOGELS	100MG THC, <1MG CBD	10MG THC, <1MG CBD
GEL PUCKERS	100MG THC, <1MG CBD	10MG THC, <1MG CBD
BINSKE CHEWS	100MG THC, <1MG CBD	10MG THC, <1MG CBD
5:1 THC:CBN GELS	100MG THC, 20MG CBN, <1MG CBD	10MG THC, 2MG CBN, <1MG CBD
1:1 CBD:THC GELS	50MG THC, 50MG CBD	5MG THC, 5MG CBD

**Product Types:** Sativa, Hybrid, Indica, THC:CBD Ratio, THC:CBN Ratio (Powered by Blue River)

### TruPowder

PRODUCT	PER PKG	PER PIECE
200MG TRUPOWDER	200MG THC, <1MG CBD	5MG THC, <1MG CBD
200MG CBD TRUPOWDER	<1MG THC, 200MG CBD	<1MG THC, 5MG CBD
200MG 1:1 TRUPOWDER	100MG THC, 100MG CBD	2.5MG THC, 2.5MG CBD
400MG TRUPOWDER+	400MG THC, <5MG CBD	10MG THC, <1MG CBD
400MG CBD TRUPOWDER+	<5MG THC, 400MG CBD	<1MG THC, 10MG CBD
400MG 1:1 TRUPOWDER+	200MG THC, 200MG CBD	5MG THC, 5MG CBD

**Product Types:** THC, CBD, THC:CBD Ratio  
**Allergy Warnings:** Contains soy and coconut.

### TruTonic

PRODUCT	PER PKG	PER PIECE
2MG TRUTONIC	50MG THC, <5MG CBD	2MG THC, <1MG CBD
5MG TRUTONIC 10 PACK	50MG THC, <5MG CBD	5MG THC, <1MG CBD
5MG TRUTONIC 20 PACK	100MG THC, <10MG CBD	5MG THC, <1MG CBD

**Product Types:** THC, CBD, THC:CBD Ratio

### Baked Goods

PRODUCT	PER PKG	PER PIECE
1:1 FUDGE BROWNIES	50MG THC, 50MG CBD	5MG THC, 5MG CBD
TURTLE BROWNIES	100MG THC, <1MG CBD	10MG THC, <1MG CBD
CHOCOLATE CHIP COOKIES	100MG THC, <5MG CBD	10MG THC, <1MG CBD
THC DARK CHOCOLATE COOKIES	100MG THC, <5MG CBD	10MG THC, <1MG CBD
CBD DARK CHOCOLATE COOKIES	<1MG THC, 100MG CBD	<1MG THC, 10MG CBD

**Product Types:** THC, CBD, THC:CBD Ratio  
**Allergy Warnings:** May contain milk, wheat, egg, tree nuts, and soy.

## Oral & Sublingual RSO Syringe

POTENCY	PER SYRINGE	PER DOSE
60%	360MG	18.0MG
61%	366MG	18.3MG
62%	372MG	18.6MG
63%	378MG	18.9MG
64%	384MG	19.2MG
65%	390MG	19.5MG
66%	396MG	19.8MG
67%	402MG	20.1MG
68%	408MG	20.4MG
69%	414MG	20.7MG
70%	420MG	21.0MG
71%	426MG	21.3MG
72%	432MG	21.6MG
73%	438MG	21.9MG
74%	444MG	22.2MG
75%	450MG	22.5MG
76%	456MG	22.8MG
77%	462MG	23.1MG
78%	468MG	23.4MG
79%	474MG	23.7MG
80%	480MG	24.0MG

**Product Types:** Sativa, Hybrid, Indica

### Distillate Syringes

PRODUCT	PER SYRINGE	PER DOSE
1G TRUCLEAR NATURAL TERPENES CANNABIS TERPENES TRUSPECTRUM	850MG THC, <30MG CBD	25.5MG THC, <1MG CBD
1G ALCHEMY SYRINGE	750MG THC, <10MG CBD	5MG THC, <1MG CBD
1G CO2LORS SYRINGE	920MG THC, <10MG CBD	5MG THC, <1MG CBD

**Suggested Dosage:** 1/4in Drop (Similar to a grain of rice)  
**TruClear, Alchemy Product Types:** Sativa, Hybrid, Indica

### Capsules

PRODUCT	PER BOTTLE	PER DOSE
10MG THC CAPSULE	300MG THC, <20MG CBD	10MG THC, <1MG CBD
10MG CBD CAPSULE	300MG CBD, <20MG THC	10MG CBD, <1MG THC
10MG 1:1 CBD:THC CAPSULE	150MG THC, 150MG CBD	5MG THC, 5MG CBD
50MG THC CAPSULE	1500MG THC, <20MG CBD	50MG THC, <1MG CBD
50MG CBD CAPSULE	1500MG CBD, <20MG THC	50MG CBD, <1MG THC
50MG 1:1 CBD:THC CAPSULE	750MG THC, 750MG CBD	25MG THC, 25MG CBD
5MG CBN CAPSULE	150MG CBN, <10MG THC, <10MG CBD	5MG CBN, <1MG THC, <1MG CBD
10MG CBN CAPSULE	300MG CBN, <10MG THC, <10MG CBD	10MG CBN, <1MG THC, <1MG CBD
10MG 1:1 CBN:THC CAPSULE	150MG CBN, 150MG THC, <10MG CBD	10MG CBN, 10MG THC, <1MG CBD
10MG 1:1 CBN:CBD CAPSULE	150MG CBN, 150MG CBD, <10MG THC	10MG CBN, 10MG CBD, <1MG THC
15MG 1:1:1 (CBN:CBD:THC) CAPSULE	150MG CBN, 150MG THC, 150MG CBN	5MG CBN, 5MG THC, 5MG CBD
20MG 1:1 CBN:CBD CAPSULE	300MG CBN, 300MG CBD, <10MG THC	10MG CBN, 10MG CBD, <1MG THC
20MG 1:1 CBN:THC CAPSULE	300MG CBN, 300MG THC, <10MG CBD	10MG CBN, 10MG THC, <1MG CBD

**Product Types:** Sativa, Hybrid, Indica, CBD, CBD:THC Ratio, CBN (Powered by Blue River)

# Product Dosing Charts

Please review all labels and packaging for allergy warnings and product-specific dosage form and strength. Products may contain soy, gluten, dairy, and/or coconut.



## Oral & Sublingual

### Tinctures

PRODUCT	PER BOTTLE	PER DOSE
500MG THC TINCTURE	500MG THC, <30MG CBD	10MG THC, <1MG CBD
500MG CBD TINCTURE	<30MG THC, 500MG CBD	<1MG THC, 10MG CBD
500MG 1:1 CBD:THC TINCTURE	250MG THC, 250MG CBD	5MG THC, 5MG CBD
250MG THC NANOTINCTURE	222MG THC, 28MG CBD	7.4MG THC, <1MG CBD
250MG CBD NANOTINCTURE	28MG THC, 222MG CBD	<1MG THC, 7.4MG CBD
250 1:1 CBD:THC NANOTINCTURE	125MG THC, 125MG CBD	4.2MG THC, 4.2MG CBD
600MG RSO TINCTURE	600MG THC, <30MG CBD	20MG THC, <1MG CBD

**Product Types:** Sativa, Hybrid, Indica, CBD, CBD:THC Ratio

## Smokable

### 1g Flower

%	ACTIVE	%	ACTIVE
16%	160MG	26%	260MG
17%	170MG	27%	270MG
18%	180MG	28%	280MG
19%	190MG	29%	290MG
20%	200MG	30%	300MG
21%	210MG	31%	310MG
22%	220MG	32%	320MG
23%	230MG	33%	330MG
24%	240MG	34%	340MG
25%	250MG	35%	350MG

**Product Types:** Sativa, Hybrid, Indica, CBD, CBD:THC Ratio  
**Available Brands:** Trulieve, Avenue, Black Tuna by TBTG, Binske, Cultivar Collection, Modern Flower, Old Hippyie Stash by the Bellamy Brothers, Roll One, Sunshine Cannabis

### 7g Flower

%	ACTIVE	%	ACTIVE
16%	1120MG	26%	1820MG
17%	1190MG	27%	1890MG
18%	1260MG	28%	1960MG
19%	1330MG	29%	2030MG
20%	1400MG	30%	2100MG
21%	1470MG	31%	2170MG
22%	1540MG	32%	2240MG
23%	1610MG	33%	2310MG
24%	1680MG	34%	2380MG
25%	1750MG	35%	2450MG

**Product Types:** Sativa, Hybrid, Indica, CBD, CBD:THC Ratio  
**Available Brands:** Trulieve, Avenue, Black Tuna by TBTG, Binske, Cultivar Collection, Modern Flower, Old Hippyie Stash by the Bellamy Brothers, Roll One, Sunshine Cannabis

## Topical

### Creams & Gels

PRODUCT	PER JAR	PER DOSE
250MG THC TOPICAL GEL	250MG THC, <5MG CBD	20MG THC, <1MG CBD

**Suggested Dosage:** Pea-sized dollop

### 3.5g Flower

%	ACTIVE	%	ACTIVE
16%	560MG	26%	910MG
17%	595MG	27%	945MG
18%	630MG	28%	980MG
19%	665MG	29%	1015MG
20%	700MG	30%	1050MG
21%	735MG	31%	1085MG
22%	770MG	32%	1120MG
23%	805MG	33%	1155MG
24%	840MG	34%	1190MG
25%	875MG	35%	1225MG

**Product Types:** Sativa, Hybrid, Indica, CBD, CBD:THC Ratio  
**Available Brands:** Trulieve, Avenue, Black Tuna by TBTG, Binske, Cultivar Collection, Modern Flower, Old Hippyie Stash by the Bellamy Brothers, Roll One, Sunshine Cannabis

### 14g Flower

%	ACTIVE	%	ACTIVE
16%	2240MG	26%	3640MG
17%	2380MG	27%	3780MG
18%	2520MG	28%	3920MG
19%	2660MG	29%	4060MG
20%	2800MG	30%	4200MG
21%	2940MG	31%	4340MG
22%	3080MG	32%	4480MG
23%	3220MG	33%	4620MG
24%	3360MG	34%	4760MG
25%	3500MG	35%	4900MG

**Product Types:** Sativa, Hybrid, Indica, CBD, CBD:THC Ratio  
**Available Brands:** Trulieve, Avenue, Black Tuna by TBTG, Binske, Cultivar Collection, Modern Flower, Old Hippyie Stash by the Bellamy Brothers, Roll One, Sunshine Cannabis

## Other

### Cannatol Rx Nasal Spray

PRODUCT	PER BOTTLE	PER SPRAY
RESCUE NASAL SPRAY	1500MG THC, <25MG CBD	5MG THC, <1MG CBD